



SPRAY TAN INFO

V FOR HAIR & BEAUTY MERIVALE

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BEFORE YOUR SPRAY TAN

- Wax 48 hours before your appointment
- Shave the day before your tan
- Exfoliate the day before your appointment, paying extra attention to elbows, knees, heels, ankles and all areas where there is dry skin. Once done, LIGHTLY moisturise your body
- If having a top up tan only exfoliate if any areas have faded patchy.

ON THE DAY OF YOUR SPRAY TAN

- Remove all makeup ,cosmetics and jewellery before the tan
- Bring loose fitting dark coloured clothes to put on after your tan,it is recommended not to wear a bra while you tan is processing or if staying home go naked!
- Avoid wearing shoes and socks after the tan ,we have disposable jandles available for purchase
- You may feel extra brown straight after your spray tan this is normal as there is a dye that sprays on so we can see where the tan has been sprayed, this will wash off the next day.
- All swimming ,showering and vigorous exercise must be avoided for 8 hours as this can inhibit the development of your tan
- Do not shower for at least 8 hours, it is best to leave your tan to process overnight.
- The tan may stain silk bedding but will wash off most other materials

THE DAY AFTER YOUR SPRAY TAN

- You will have tan residue from the spray tan wash off the next morning when you shower or bath this is normal
- Pat your skin dry after a shower or bath as rubbing with a towel may remove some tan
- Moisturise well, this is the key to keeping a good long lasting tan.
- Weekly top ups are recommended if you want to maintain a bronzed look.

MOST OF ALL ...ENJOY ☺